

The Qi to prosperity

- Font size: *Decrease* *Increase*
- Email article: [Email](#)
- Print article: [Print](#)
- Submit comment: [Submit comment](#)

Article from: **Sunday Mail** 

June 10, 2007 12:00am

WHEN it comes to de signing a new home or renovating an old one, more homeowners are turning to the ancient Chinese practice of feng shui to guide their choices.

Feng shui looks at the influence of the natural and built environments on our lives. It is based on the principle that all living and non-living objects are imbued with life's energy, "Qi".

The secret to health and happiness is to enhance the positive energy, or "Sheng Qi", and suppress the bad energy, known as "Sha Qi".

Elizabeth Wiggins, president of the national Association of Feng Shui Consultants, said the number of people turning to feng shui to guide the design of their home, or to determine the best wall paint colour, or where the furniture should go, is rising.

"I have been consulting professionally for the past four years, and since I started the number of inquiries has quadrupled," Ms Wiggins said, adding that there were three "schools" of feng shui. The "form" school looks at the land outside the home – contours such as mountains and water. Inside the home, it focuses on the placement of furniture.

The "compass" school uses a "bagua", a unique pattern used to work out where the direction of the Qi is flowing, while "flying star" adherents swear by numerology and the influence of time on a building. Ms Wiggins, who follows all three methodology, uses a Lopan compass to check energy.

"When a qualified traditional consultant works on a building, they should be able to let the occupants know what they have been experiencing in this building in regards to their health, wealth and relationships.

"To enable this to be done, you need to have to-scale floor plans of the building, the year of construction of the building, and also an extremely accurate compass reading.

"With this information, the consultant is able to draw a flying star chart or a birth chart of the house. From this, the consultant can then interpret if the energy in the building will support the occupants with the opportunity to make money and have good health and/or relationships. Each home is different, and what is recommended for one house could be disastrous for another.

"The client's Chinese astrology is also taken into account, and to enable an accurate reading of this the occupant's date, time and place of birth are necessary."

If you aren't ready yet to call for a consultation, there are some general tips to follow.

One of the most important rules is to get rid of any clutter, whether it is in the garden, the garage or inside your wardrobes. Clutter restricts the flow of energy, while hanging on to any clothes you no longer wear signifies hanging on to the past.

"Avoid clutter, as Qi should flow easily through the room," Ms Wiggins said. "It is particularly important that you do not store anything under the bed."

The front door is important, as the energy coming through it will primarily determine the occupants' prosperity.

The path to the front door should be wide and well lit. Consider placing a picture on the wall opposite the main door to encourage energy into your home. The door should always open inwards into a wide space to invite the Qi in.

In the bedroom, the head of the bed should be against a wall, but your feet should not be in direct alignment with the door.

The bed should not be under an exposed beam and you should be able to see the whole room from the bed. Do not hang mirrors, as they are considered harmful to relationships.

In a home office or study, there should be a solid wall behind the desk, which is positioned with a view of the whole room, and anyone coming in through the door.

Share this article *What is this?*

- *Digg this*
- **Post to del.icio.us**
- *Post to Newsvine*



Feng shui consultant Liz Wiggins uses her Lopan or compass. She practises the 'flying star' form / News Limited picture

- Font size: *Decrease* *Increase*
- Email article: [Email](#)
- Print article: [Print](#)

Ads By Yahoo!

- **Non Surgical Cosmetic Enhancement**
All treatments are undertaken by a plastic surgery nurse utilizing state of the art medical equipmen...
- **Liposuction Australia - Melbourne**
Safe, affordable, individualised cosmetic procedures including liposuction, liposculpture, vein trea...

© Queensland Newspapers. All times AEST (GMT + 10).