

AFSC MOTHERS DAY SPECIAL

THE ASSOCIATION OF FENG SHUI CONSULTANTS

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Happy Mothers Day

We have an absolutely bumper issue for our Mothers Day special with discounts from our members, great articles, and member profiles.

We would like to welcome Zan Davies as acting secretary who we are sure will be of great benefit to AFSC. Also thanks to the members that take the time to input into our newsletter and discussions.

As a mother of four I find Mothers Day a very special time. On behalf on all our members I am very excited to bring you some great discounts for your special mum, on Mothers Day!!

Don't forget about the great special if you are thinking of joining AFSC – Join before 30 June and receive next year's membership HALF PRICE!!!!

Warm Regards,
Elizabeth Wiggins – President

Selling your home? With a little help from Feng Shui

Nadia Lapadula-Merino

Most people have already decided on a home the minute they step in the door. That is, they haven't even seen the entire home yet but they know whether or not they want to buy it!

How can that be? There are two very important factors influencing this decision. The first can be best described as "first impressions count" and the second is about creating "the right feeling". Both factors can be addressed with a little Feng Shui knowledge; the first factor is fairly easy to achieve if you have an eye for detail, a neat garden and great cleaning skills. The power of

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first impressions should never be underestimated and this factor constitutes basic Feng Shui skills. The second factor is a little harder to achieve, and this is where some additional Feng Shui tips come in handy. To create the right feeling, all the senses need to be tantalised and stimulated to create a positive feeling. That means employing a few tips that utilise the senses of touch, smell, sight, sound and taste. Traditionally, homes are presented to appeal mainly to our sense of sight. By incorporating a few of the following tips in addition to what you already know, you may improve the appeal of your home to a wider range of prospective buyers by creating a comforting feeling.



Appealing to the sense of sight

- ✓ Clear path to the front door (a curved path is best to take in a nice view of the property)
- ✓ The absence of clutter to focus on the beauty of the home & gardens
- ✓ The presence of flowers for aesthetic pleasure and to soften the hard lines of walls and straight paths
- ✓ Neat paintwork – repaint faded or flaky timber
- ✓ Some homely touches such as interesting garden ornaments that compliment the home
- ✓ Complimentary colours – ensure colours of plants, garden accessories and ornaments complement the house style

Selling your home? (con't)

Appealing to the sense of sound

- ✓ Install a running water feature at the front of the home so that visitors can hear the sound of running water (stimulates emotions related to being by the sea or at a river). **Please note you should consult a consultant from AFSC to confirm correct placement**
- ✓ Place some birdseed or a bird feeder in the garden to attract the local birdlife and consequently be able to hear the sound of birds chirping around the home
- ✓ Have some soft, relaxing music playing (not too loud) in one of the front rooms of the house so that it can be heard as people approach your front door
- ✓ Hang a sweet sounding metal wind chime (with thin tubes) at the front of your home
- ✓ Plant fragrant flowers along the pathway to the door e.g. lavender, lilac, roses
There's nothing more appealing than home cooking; try baking scones or an apple cake prior to an open for inspection to make the home smell inviting (don't burn them!)

Appealing to the sense of taste

- ✓ Display individually wrapped chocolates or sweets (Fantails or lollipops) on the kitchen table for visitors on open days
- ✓ Display your freshly baked goodies for visitors to help themselves to
- ✓ Display exotic, sweet smelling fruit on the dining table such as mangoes and pineapples (gets the taste buds watering)

Appealing to the sense of touch

- ✓ Combine plants with different textures in your garden
- ✓ Use an interesting mix of building materials for your path, borders, front door, porch, etc
- ✓ Have a unique door bell, stained glass window or garden arbour for people to touch and admire

Appealing to the sense of smell

- ✓ Burn essential oils in the entry to the home

“Try baking scones or an apple cake prior to an open for inspection.”

There are so many small touches such as these which you can add – the main thing to keep in mind is that you are trying to create an environment that a buyer will fall in love with. The right environment will lead the buyer to think “I can really see myself living here”. Once you have achieved this feeling – the rest is just paperwork.

Nadia Lapadula-Merino of Living Energy Australia is a Feng Shui consultant based in Melbourne. She consults for home and business owners and conducts regular Feng Shui workshops. Nadia is a Platinum member of AFSC
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****SPECIAL****

AFSC is offering a fantastic promotion for all of our existing members – in addition to welcoming new members.

If you join or are already a member of AFSC as of 30 June 2006 you will receive half price membership for the next year. That's a saving of \$49.50

JOIN NOW and enjoy the great benefits including your own photo listing, the very best insurance rates and much more.

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Jackie Arbuckle

Ph: 0413 218 761

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Please also visit our FREE Feng Shui Forum!!

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AUSTRALIA WIDE

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WHITE LIGHT IMPRESSIONS

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Your consultant – Jude Moar

Location – Geelong Region, Surf Coast and Melbourne's West

T : 03 5222 8490 M : 0414 993 869

E : jude@whitelightimpressions.com.au

W : www.whitelightimpressions.com.au

Fractal Universe Wellness Consulting

Receive 20% off the total cost of a Feng Shui and/or Space Clearing consultation if *booked* (including \$50 deposit) during the month of May (consultation doesn't have to be done in May). Although this could be given as a gift, any recipients should know about and consent to the consultation.

T : (03) 5424 1874

E : Tristan@fractaluniverse.com.au

W : www.fractaluniverse.com.au

N.Y DESIGNS P/L – Natasha Watkins

Receive 20% OFF consultations booked during May

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Location – Melbourne VIC

T : 03 9849 2468

M : 0413 777 378

natasha.watkins@optusnet.com.au

Positive Affirmations

Jackie Arbuckle

Feng Shui is as much about your intentions as it is about furniture placement, and chi flow and colours. If you have positive intentions or thoughts, then you will notice positive things happening. It is all about your perspective.

People have approximately 50,000 – 70,000 thoughts per day, and it is our thoughts that govern how we view the world. If you have predominantly positive thoughts then you will view the world in a positive way. If you predominantly negative thoughts, you will view the world in a negative way.

Your thoughts then lead to an emotional reaction. Depending on what your thought about something is, will depend on what you then feel about the thought and then, how you react. The good thing about this is that if you do have negative thoughts, which lead to negative reactions, this can be changed with a bit of observation and persistence.

The first step is noticing your thoughts. Stop and ask yourself, “What was my thought then? Was my reaction positive or negative?” Once you notice your thoughts, and if they are negative, the second step is to change them. If you change your thoughts to become positive, then you are on your way to improving your life’s path. This is because your world will seem more positive due to your change in perspective.

For example, a lot of the time people have negative thoughts towards themselves, thinking for example, that they are not good enough, or not worthy of praise. If this is their thought process, then they are more likely to notice things that

confirm this. Our brains like harmony, and so noticing things that confirm our view of the world creates harmony in our mental dialogue. If the person changes their thoughts to become more positive, such as “I am a hard worker and do a good job”, rather than “I don’t perform well, someone always does a better job than me”, then they are more likely to notice things that show they are a hard worker and confirm this thought process.

When this is related back to Feng Shui, a lot of people ask me about placement of certain objects in particular areas, and if it will bring them good luck or wealth. If you place an object in a certain area, attach a positive thought to that object. It usually doesn’t matter what the object is, and where you put it, but as long as you think a positive thought or affirmation when you look at it then it will work. Make sure the thought is present tense. “I have a lot of abundance in my life” is better than “this object will bring me money”. With the first affirmation you already have abundance, with the second, you are still waiting. It takes time and practice, but ultimately is worth the effort.

*Jackie Arbuckle.
Alchemy for the body and soul.*

Jackie has completed a degree in human biology and has postgraduate qualifications in psychology. She is interested in how Feng Shui and the human body interact, and will ultimately like to combine her current study of naturopathy and Feng Shui.

Members Profile's – A few of our members.....

Centaine Consultants

Consultant: Derelle Ball

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Email address: info@centaineconsultants.com.au

Location: Blue Mountains (NSW)

Website: www.CentaineConsultants.com.au

Services offered: Xuan Kong Fei Xing/Flying Star Feng Shui Consultations, Articles and Products

White Light Impressions

Consultant: Jude Moar – Vice President of AFSC

Contact details: 0414 993 869

Email address: jude@whitelightimpressions.com.au

Location: Geelong & Melbourne's West (VIC)

Website: www.whitelightimpressions.com.au

Services offered: Residential & Business Consultations (Flying Star Feng Shui)

Fractal Universe Wellness Consulting

Consultant: Tristan Hannemann

Contact details: (03) 5424 1874

Email address: tristan@fractaluniverse.com.au

Location: Based in Trentham; will travel to Melbourne, Bendigo, Ballarat and anywhere in between.

Website: www.fractaluniverse.com.au

Services offered: Feng Shui (Form, Compass, Flying Star, Modern), Space Clearing & Earth Harmonisation, Chinese Remedial Massage, Chi Kung Exercise, Reiki Healings & Workshops, Crystal Healing & Spiritual Workshops

Living Energy Australia

Consultant: Nadia Lapadula–Merino

Contact details: tel: 03 9432 6916 or mob: 0425 768 170

Email address: nadia@living-energy.com.au

Location: Melbourne suburbs

Website: www.living-energy.com.au

Services offered: Feng Shui (Flying Stars), Space Clearing, Colour Therapy & Geomancy